


# Mulhall–Orlando High School Menu

## September 2023

Milk offered with each meal

				Thursday-31	Friday – 1
				ham egg and cheese croissant Pears/juice	Blueberry muffins pears & Juice
				Chicken strips Mashed potatoes Gravy Peas Pears and salad bar	Hamburger or chicken sandwich French fries Baked beans Peaches and Salad Bar
Monday – 4	Tuesday – 5	Wednesday – 6	Thursday – 7	Friday - 8	
<b>Labor day</b>	Bacon Egg and Cheese croissants Pears/Juice	Biscuit-n-Gravy Pears/Juice	Breakfast quesadilla Pears/juice	Cinnamon rolls Peaches/juice	
	Chicken Taco Soup Cheese quesadillas Refried beans Pears and Salad Bar	Tater tot casserole Pears and Salad Bar 	Frito chili pie Refried beans Pears and salad bar	Pepperoni rolls Green beans Peaches and salad	
Monday - 11	Tuesday - 12	Wednesday – 13	Thursday - 14	Friday - 15	
Ham Egg and cheese English muffin Strawberries/Juice	Pancake on a stick Strawberries/Juice	Biscuit-n-Gravy Strawberries/Juice	Sausage egg and cheese biscuit Strawberries/Juice	Waffles Strawberries/juice	
Sloppy Joes French Fries Strawberries & Salad Bar	Chili Grilled Cheese peas Strawberries & Salad Bar	Chicken strips Macaroni and cheese carrots Strawberries & Salad Bar	Steak Fingers Mashed potatoes Gravy and roll Green beans Strawberries & Salad Bar	Turkey Wraps Chips carrots Strawberries & Salad Bar	
Monday – 18	Tuesday - 19	Wednesday – 20	Thursday – 21	Friday – 22	
Sausage Egg and Cheese croissant Mixed berries/Juice	Morning Sausage Roll Mixed berries/Juice	Biscuit-n-Gravy Mixed berries/Juice	Bacon Egg and Cheese Biscuit Mixed berries/Juice	Apple Fritters Mixed berries /Juice	
Corn Dogs Tater tots Peas Mixed berries & Salad Bar	Spaghetti Green beans Garlic knot Mixed berries & Salad Bar	Walking Tacos Refried Beans Mixed berries & Salad Bar	Pork roast Mashed Potatoes Gravy Corn Roll Mixed berries & Salad Bar	Chicken Patty Sandwich Waffle Fries Mixed berries & Salad Bar	
Monday – 25	Tuesday - 26	Wednesday – 27	Thursday – 28	Friday - 29	
Ham Egg and Cheese Muffin Peaches/Juice	Pancakes on a stick Peaches/Juice	Biscuit –n-Gravy Peaches/Juice	Breakfast burritos Peaches/Juice	Donuts Peaches/Juice	
Rib Patty Sandwiches Curly Fries Peaches & Salad Bar	Chicken & Noodles Mashed potatoes Gravy roll Black eyed peas Peaches & Salad Bar	Chili Cheese Tater tots Green beans Peaches & Salad Bar	Beef tacos Refried beans Spanish rice Peaches & Salad Bar	Hot Dogs Chips Peaches & Salad Bar	

This institution is an equal opportunity provider. Meals are subject to change without notice