Mulhall-Brlando High School Menu September 2022

	<u> </u>		1	
	N	ilk offered with each mea	1	
			Thursday – 1	Friday – 2
			Sausage Egg and	Cinnamon Roll
			Cheese Muffin	Bananas/Juice
			Banana/Juice	Chicken Bacon Ranch
			Walking tacos	Sandwich
			Refried beans	Chips
			Bananas and Salad	Bananas and Salad
Monday – 5	Tuesday – 6	Wednesday – 7	Thursday – 8	Friday - 9
	Pancake on a stick	Biscuit-n-Gravy	Breakfast Combos	Apple Turnover
	Peach cups/Juice	Peach Cups/Juice	Peach Cups/Juice	Peach Cups/Juice
		Tater tot casserole	Fish Sticks	Chicken or Hamburger
	BBQ Rib Sandwich	Green beans	Mac and Cheese	Sandwich
	Waffle fries	Peach cup and salad Bar	Peas	Baked Beans
	Corn	-	Peach cup and salad	Curly fries
	Peach cup and salad Bar		Bar	Peach cup and salad Bar
Monday - 12	Tuesday - 13	Wednesday – 14	Thursday - 15	Friday - 16
Sausage egg and cheese	Hash Brown Casserole	Biscuit-n-Gravy	Bacon egg and cheese	Banana Muffin
biscuit	Mixed Fruit/Juice	Mixed Fruit/Juice	croissant	Mixed Fruit/Juice
Mixed fruit/Juice	Steak Fingers	Frito Chili Pie	Mixed Fruit/Juice	Pizza
Corn Dogs	Mashed potatoes	Corn	Chicken pot pie	Carrots
Tater tots	Glazed Carrots	Mixed Fruit & Salad Bar	Mixed Fruit & Salad Bar	Mixed Fruit & Salad Bar
Peas	Roll			
Mixed Fruit & Salad Bar				
	Mixed Fruit & Salad Bar			
Monday – 19	Tuesday - 20	Wednesday – 21	Thursday – 22	Friday – 23
Bacon Egg and Cheese	Morning Sausage Roll	Biscuit-n-Gravy	Breakfast Pizza	Donuts
Muffin	applesauce/Juice	applesauce/Juice	applesauce/Juice	applesauce/Juice
applesauce/Juice	Baked Potato Bar		-	pork fritter Sandwich
Hot Dogs	Corn	Sloppy Joes	Chicken Alfredo	Chips
Mac and Cheese	Rolls	Tater tots	Roasted Broccoli	Pea Salad
Green Beans	Applesauce and salad	Applesauce and salad	Garlic Knots	Applesauce and salad
Applesauce and salad Bar	Bar	Bar	Applesauce and salad	Bar
			Bar	-
Monday – 26	Tuesday - 27	Wednesday – 28	Thursday – 29	Friday - 30
Sausage egg and cheese	Hash brown Casserole	Biscuit-n-Gravy	Breakfast burrito	Apple Turnover
croissant	strawberries/Juice	strawberries/Juice	strawberries/Juice	Strawberries/juice
strawberries/Juice		Chili	Chicken quesadilla	
Crispitos	Spaghetti	Grilled cheese	Refried Beans	Ham and Cheese
Corn	Green beans	Glazed Carrots	Strawberries and salad	Wraps
Strawberries and salad	Garlic knot	Strawberries and salad	Bar	French Fries
Bar	Strawberries and salad	Bar		coleslaw
	Bar			Strawberries and salad
				Bar
. This institution is an equal opportunity provider. Meals are subject to change without notice				