


Mulhall–Orlando High School Menu

January 2024

Milk offered with each meal

		Wednesday-1	Thursday-2	Friday-3
			Breakfast combos peaches/Juice	pancakes peaches/Juice
			chicken and noodles mashed potatoes corn roll applesauce and salad bar	spaghetti Garlic Bread Broccoli applesauce and salad bar
Monday-6	Tuesday-7	Wednesday-8	Thursday-9	Friday-10
Sausage egg and cheese biscuit pears/Juice	Pancake on a stick Pears/Juice	Biscuits & Gravy Pears/Juice		
Chicken strips or steak fingers Mashed potatoes Broccoli roll Pears and salad	Beef tacos Refried beans Mexican corn Pears and salad bar	Beef mac and cheese Carrots pears& salad Bar		
				
Monday-13	Tuesday-14	Wednesday-15	Thursday-16	Friday-17
Breakfast combos Strawberries/juice	Sausage egg and cheese Muffin Strawberries/juice	Biscuits and gravy strawberries/Juice	Breakfast quesadilla strawberries/Juice	Muffins strawberries/juice
Walking tacos Refried beans Corn Strawberries and salad	Beef stroganoff rolls Roasted broccoli Strawberries and salad	corn dogs chips green beans strawberries and salad	Chicken spaghetti Roasted broccoli Garlic bread strawberries and Salad	Frito chili pie Refried beans strawberries & Vegetable Bar
Monday-20	Tuesday-21	Wednesday-22	Thursday-23	Friday-24
Breakfast casserole Mixed fruit/Juice	Sausage egg and cheese biscuit Mixed fruit /Juice	Biscuit-n-Gravy Mixed fruit /Juice	Breakfast pizza Mixed fruit /Juice	Donuts Mixed fruit /Juice
Goulash Garlic Bread Carrot sticks Mixed fruit and salad	Potato soup Grilled cheese Mixed fruit and salad bar	Meatball sub sandwich Tater tots Peas Mixed fruit /salad bar	Chicken tacos Refried beans Mexican corn Mixed fruit and salad bar	pork fritter Sandwich Chips Pea Salad Mixed fruit and salad Bar
Monday-27	Tuesday-28	Wednesday-29	Thursday-30	Friday-31
Sausage tots and gravy applesauce/Juice	Sausage egg and cheese biscuit Applesauce/juice	Biscuit-n-Gravy Sausage tots and gravy Applesauce /Juice	Breakfast Pizza Applesauce /Juice	Cinnamon roll Applesauce /Juice
pork fritter Sandwich Chips Pea Salad Applesauce and salad Bar	Chicken alfredo Broccoli Garlic knot Applesauce and salad bar	Hot Dogs w/Chili carrots French Fries Applesauce and salad bar	Rib patty Mashed potatoes Gravy Green beans roll Applesauce & Vegetable	crisпитos Mexican corn Refried beans Applesauce and salad bar

This institution is an equal opportunity provider. Meals are subject to change without notice.